

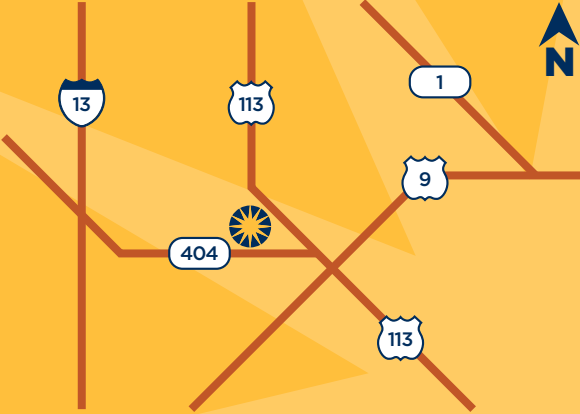


WHY SUN?

At SUN Behavioral Health, our team of professionals is committed to four key values that we embrace in our clinical philosophy. Safety, teamwork, integrity and compassion are at the core of our commitment to patients, families and our communities. We partner with hospitals, doctors, schools and social service agencies to solve the unmet behavioral health needs that exist in neighborhoods across the country.

More than 43 million U.S. adults experience mental illness every year. You are not alone. If you or someone you love is struggling, we can help.

Call SUN First.



Call SUN First.
302-604-5600

BEHAVIORAL HEALTH SUPPORT PROGRAMS

Help is here. Hope is possible.

Do you feel lonely? Like no one understands? The struggle of mental health can be isolating. But you are not alone. SUN is here. Whatever you're dealing with, we can help. We'll help you interrupt the cycle of mental illness in our caring, healing environment and put you on a path to recovery. We'll be here for you on every step of your return to health. It starts with a single ray of light. Just one glimpse of hope. Find it with SUN.

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Our continuum of care focuses on meeting patients wherever they are in their journey for improved mental health. We work to achieve a level of functioning that is stable so each patient can return to their family, employer and community as a contributing partner.

GUIDING YOU ON YOUR JOURNEY TO RECOVERY

Our evidence-based approach leads to positive long-term outcomes. Our programs save lives and enhance life.

Mental Health Services

Help when it's needed most

Millions of Americans suffer from depression, anxiety, panic attacks and other conditions. And while there is no single cure for the complex emotional issues at the heart of mental health disorders, we'll help uncover and resolve the often longstanding psychological issues that can affect mood, attitudes and behaviors. Our program uses evidence-based treatment, including everything from psycho-pharmacology to Cognitive Behavioral Therapy.

Co-Occurring/ Substance Use Disorder Programs

Reclaiming your sense of self

Dealing with substance abuse and addiction is never easy. It's even more difficult when you're also struggling with mental health issues. This combination is known as a co-occurring disorder and it can be overwhelming. Our program uses evidence-based treatment, including everything from motivational interviewing, mindfulness and the development of a support system to psycho-pharmacology and Cognitive Behavioral Therapy.

Integrity Program

Helping older adults cope and thrive

Many people are forced to deal with a chronic mental illness throughout their lives. But mental health problems can also appear late in life. Issues can arise in response to a stroke, dementia, Parkinson's disease, cancer or diabetes, and even with some medications. Our program uses evidence-based treatment, including everything from healthy living groups to Cognitive Behavioral Therapy.

Child/ Adolescent Programs

Helping young people through the struggle

Our Child and Adolescent Programs are designed to support the unique needs of children (ages 6-12) and adolescents (ages 13-17) experiencing psychiatric crises and mental health disorders. Treatment involves resolving the symptoms leading to hospitalization, crisis planning and engaging the family in the appropriate continuing care needs. Communication and treatment interventions are geared toward the developmental stage of each child.

Outpatient Program

A path to recovery and wellness

SUN's Outpatient Program helps patients who may be transitioning from inpatient care or who need more intensive treatment than that offered by traditional outpatient programs. In a time of crisis, our psychiatrists and expert therapists are available 24 hours a day, seven days a week. As part of our outpatient services, we offer both a Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP).

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