

What to Know Before Calling **SUN Columbus Intake**

To help us better serve you, please have the following information available when you call intake:

- Please notify legal guardian of need for bed prior to calling
- Patient's date of birth
- Insurance information
- Social Security #
- Prescription drug names/dosages
 - Pharmacy name/phone #
- Legal guardianship information (if applicable)
- Psychiatrist name (if applicable)

Please be prepared to answer questions regarding patient's:

- Medical issues
- Safety concerns (reason for admission)
- Interventions that have been attempted thus far
- Sleep
- Appetite/weight loss or gain
- Personal hygiene
- Mood
- Diagnosis of IDD or autism
- Sexual or physical abuse and/or sexually inappropriate behaviors
 - Was this hot-lined?
- Substance use
- Recent stressors
- Current living situation
- Current and past legal concerns
 - Patient on probation/parole/convictions?
- Current and past physical/verbal aggression

Information gathered does not necessarily guarantee an inpatient admission.

Skip the ER. 24/7 No-Cost Evaluations. Walk-Ins and Appointments Welcome.

Call SUN First. **614-706-2786**

Our continuum of care focuses on meeting patients wherever they are in their journey for improved mental health. We work to achieve a level of functioning that is stable so each patient can return to their family, employer and community as a contributing partner.

GUIDING YOU ON YOUR JOURNEY TO RECOVERY

Our evidence-based approach leads to positive long-term outcomes. Our programs save lives and enhance life.

Mental Health Services

Help when it's needed most

Millions of Americans suffer from depression, anxiety, panic attacks and other conditions. And while there is no single cure for the complex emotional issues at the heart of mental health disorders, we'll help uncover and resolve the often longstanding psychological issues that can affect mood, attitudes and behaviors. Our program uses evidence-based treatment, including everything from psycho-pharmacology to Cognitive Behavioral Therapy.

Co-Occurring/Substance Use Disorder Program

Reclaiming your sense of self

Dealing with substance abuse and addiction is never easy. It's even more difficult when you're also struggling with mental health issues. This combination is known as a co-occurring disorder and it can be overwhelming. That's why we offer Pathways: a range of abstinence-based and medication-assisted (MAT) programming that uses evidence-based treatment, including everything from motivational interviewing, mindfulness and the development of a support system to psycho-pharmacology and Cognitive Behavioral Therapy.

Integrity Program

Helping older adults cope and thrive

Many people are forced to deal with a chronic mental illness throughout their lives. But mental health problems can also appear late in life. Issues can arise in response to a stroke, dementia, Parkinson's disease, cancer or diabetes, and even with some medications. Our program uses evidence-based treatment, including everything from healthy living groups to Cognitive Behavioral Therapy.

Adolescent Program

Helping young people through the struggle

Our Adolescent Program is designed to support the unique needs of adolescents (ages 13-17) experiencing psychiatric crises and mental health disorders. With both inpatient and PHP treatment options, we work towards resolving the symptoms leading to hospitalization, crisis planning and engaging the family in the appropriate continuing care needs. Communication and treatment interventions are geared toward the developmental stage of each adolescent.

Outpatient Program

A path to recovery and wellness

SUN's Outpatient Program helps patients who may be transitioning from inpatient care or who need more intensive treatment than that offered by traditional outpatient programs. In a time of crisis, our psychiatrists and expert therapists are available 24 hours a day, seven days a week. As part of our outpatient services, we offer both a Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) for mental health and chemical dependency.

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