

## Our Expert Team Providing the Highest Quality Care

SUN Intake Specialists are available 24 hours a day, 7 days a week. No appointment is necessary, and we accept all managed care and private insurance, Medicare and Medicaid. A master's level clinician or registered nurse will provide a no-cost evaluation to determine the most appropriate level of care, which is provided by psychiatrists, doctors, registered nurses, therapists, recreational therapists, and other experienced professionals. Throughout treatment, we work together with our patients and their families to create the best possible outcome and an ongoing plan for success.



## WHY SUN?

At SUN Behavioral Health, our team of professionals is committed to four key values that we embrace in our clinical philosophy. Safety, teamwork, integrity and compassion are at the core of our commitment to patients, families and our communities. We partner with hospitals, doctors, schools and social service agencies to solve the unmet behavioral health needs that exist in neighborhoods across the country.

Our continuum of care focuses on meeting patients wherever they are in their journey for improved mental health. We work to achieve a level of functioning that is stable so each patient can return to his/her family, employer and community as a contributing partner. Our evidence-based approach leads to positive long-term outcomes. Our programs save lives and enhance life.

More than 43 million U.S. adults experience mental illness every year. You are not alone. If you or someone you love is struggling, we can help.

Call SUN First.



From I-71, take exit 117 for Ohio 161 Dublin Granville Road. Travel west for 1/4 mile.

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(7/19)

SUN Behavioral



## SUBSTANCE USE TREATMENT

### Take Back Your Life

It can happen to anyone. We unexpectedly find ourselves overcome by addiction without really understanding how we got there, and even less of an understanding of how to get out of it. That's where SUN comes in. If you're one of the 7 million adults living with addiction, we can help you start your journey to recovery and regain control of your life.

# A PATH TO RECOVERY

**The struggle of addiction can feel hopeless. But it isn't. With SUN, recovery is possible. When you commit to our evidence-based clinical approach, tomorrow will start to look a whole lot brighter.**

Our judgment-free substance use treatment program puts you on a path to reclaim your life. Through it, you'll achieve sobriety with the following:

- Renewed mental clarity
- The ability to identify underlying issues and triggers fueling your addiction
- Healthier coping skills and tools
- Defined core beliefs
- Dependable support system in your community
- Relapse prevention plan

## YOUR JOURNEY OF CARE

**As our patient, you'll realize overcoming addiction isn't fixed in a day. Sobriety is a journey you'll begin with our program of care.**

1

### **Detox/Acute Rehabilitation**

We'll help you through detox and work together to uncover the causes of your addiction, understand your triggers and develop coping skills to overcome them. Detox typically takes 4-5 days. Acute Rehabilitation duration depends on your needs.

2

### **Day Partial Hospitalization Program (PHP)**

Begin your return to daily life where you'll experience stressors that previously triggered your addiction. We'll help you further develop coping skills to manage them. Duration is 2-4 weeks.

3

### **Intensive Outpatient (IOP)**

Transition to outpatient treatment with the confidence that you are stronger than your disease. Through continued treatment and counseling, we'll guide you through your new normal and help you build a support system to keep you on a path to recovery.

### **Medication Assisted Treatment (MAT)**

The journey to recovery can take many paths, and at SUN, we know that one treatment plan doesn't fit all. We offer a range of abstinence-based programs to medication-assisted programs to ensure that you have the very best opportunity for success.

### **SUN's treatment features include:**

- Expert psychiatrists and nurse practitioners
- On-site AA meetings
- Compassionate around-the-clock nursing care
- Collaboration with outpatient providers
- Aftercare planning and support for continued recovery